

Isplan

Mandag		Tirsdag		Onsdag		Torsdag		Fredag		Søndag	
07:00-08:00 Voksen *Selvtræning		07:15-09:00 ESAA Morgentræning		15:00-15:45 LEKTION		15:30-16:15 B1Y	15:30-16:15 B1O	06:45-07:30 B2 Sport *Selvtræning	06:45-07:30 B1 Sport *Selvtræning	07:00-07:45 Funfree	07:00-07:45 Funflakes
15:00-15:45 B1O	15:00-15:45 B1Y	16:15-17:00 B1Y	16:15-17:00 B2Y	15:45-16:30 Funfree		16:15-17:00 Funfree	16:15-17:00 Funflakes	14:00-14:45 LEKTION		07:45-08:30 SHOW/A- Segment	
15:45-16:30 B2O	15:45-16:30 B2Y	19:15-20:00 B1O	19:15-20:00 B2O	16:30-17:15 B1O	16:30-17:15 B1Y	18:15-19:00 B2Y	18:15-19:00 B2O	14:45-15:30 LEKTION		08:30-09:15 B2Y	08:30-09:15 B1Y
16:30-17:15 B1O	16:30-17:15 B1Y	20:00-20:45 B1 Sport		17:15-18:00 SS	17:15-18:00 Funflakes			15:30-16:15 Funfree		09:30-10:15 B1O	09:30-10:15 B2O
17:15-18:00 SS	17:15-18:00 Teens	20:45-21:30 Voksen	20:45-21:30 B2 Sport	18:15-19:00 B1O	18:15-19:00 B1Y			16:15-17:00 B2Y	16:15-17:00 B2O	10:15-11:00 B2 Sport	10:15-11:00 B1 Sport
								17:15-18:00 Voksen	17:15-18:00 Teen		

Off ice plan

Mandag		Tirsdag		Onsdag		Torsdag		Fredag		Søndag	
16:30-17:00 Teens Off ice		17:15-18:00 B1Y Off ice	17:15-18:00 B2Y Off ice	16:30-17:00 SS Off ice	16:30-17:00 Funflakes Off ice	17:15-18:00 B1Y Off ice	17:15-18:00 B1O Off ice	16:30-17:15 Funfree Off ice		08:45-09:30 Funfree Off ice	08:45-09:30 Funflakes Off ice
17:15-18:15 B1Y Styrke	17:15-18:15 B2Y Styrke	18:15-19:00 B1O Off ice	18:15-19:00 B2O Off ice			17:15-18:00 B2Y Off ice	17:15-18:00 B2O Off ice			09:30-10:30 B2Y Off ice	09:30-10:30 B1Y Off ice
18:15-19:15 B1O Styrke	18:15-19:15 B2O Styrke					17:15-18:00 Funfree Off ice				10:30-11:30 B1O Off ice	10:30-11:30 B2O Off ice